

THE 12 (9) FRUITS OF THE HOLY SPIRIT

Collectively, the Fruits of the Holy Spirit are blessings that all Catholics should be producing as manifestation of a transformed life in Jesus Christ. Listed below are references from both Holy Scripture and the Catechism of the Catholic Church. Modifications are welcome at goodnews@cmvic.net. Thanks very much!

NEW AMERICAN BIBLE REFERENCE (9 Fruits)

[Galatians 5:22-23](#) shares with us, "In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control. Against such there is no law."

FAITH DOCTRINE REFERENCE (12 Fruits)

[Catechism of the Catholic Church #1832](#): The fruits of the Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The tradition of the Church lists twelve of them: "charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity [1].

NEW AMERICAN BIBLE FOOTNOTES FOR CCC REFERENCES

[1]- [Galatians 5:22-23](#) (vulg.) - The sole reference used by the [Catechism of the Catholic Church #1832](#) for the Fruits of the Holy Spirit is Galatians 5:22-23 (Paul's letter to their Church). It does not reference the current New American Bible 2011 revised edition, which lists 9 Fruits of the Spirit.

Alternately, the CCC refers to the Latin Vulgate (or Bible), which was translated from Hebrew and Aramaic by Saint Jerome between 382 and 405 CE. The Vulgate was the previously standard used by the Church for over one and a half millennia. The Vulgate lists the same 12 Fruits of the Spirit as the Catechism of the Catholic Church.

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To view an extensive reference listing for each of the 12 Fruits exclusively, please explore the links provided on the weblink provided below. Each page includes a black and white printer friendly version, formatted with wide left margins for 3 hole punching for placing into your personal "Faith Library" binder! These are great resources for use in Religious Education, small Faith sharing groups, Bible Studies and/or personal Faith enrichment!

<http://cmvic.net/holy-spirit-12-fruits>