

GENTLENESS

FRUIT OF THE SPIRIT (8 OF 12)

Latin translation is MANSUETUDO. Gentleness, in the Greek, PRAOTES, is commonly known as meekness. The word is best translated 'meekness' - not as an indication of weakness, but of power and strength under control. The person who possesses this quality pardons injuries, corrects faults, and rules his own spirit well.

NEW AMERICAN BIBLE REFERENCES

[Galatians 6:1](#) points out to us: "Brothers, even if a person is caught in some transgression, you who are spiritual should correct that one in a gentle spirit, looking to yourself, so that you also may not be tempted."

[Ephesians 4:1-6](#) encourages us to be unfailingly gentle in all seasons: "I, then, a prisoner for the Lord, urge you to live in a manner worthy of the call you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the spirit through the bond of peace: one body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all."

CATECHISM OF THE CATHOLIC CHURCH (CCC) REFERENCES

There are 6 references to GENTLENESS in the CCC. Please click [HERE](#) to review them (available on line only).

Those listed below are taken from the Index:

[153](#), [395](#), [736](#), [1832](#), [2219](#). See also [the Meek](#).